

Stirling and Trossachs

District Scouts



Welcome

Welcome to Stirling and Trossachs

Thank you for taking on a Scouting role in our District. This booklet gives you an overview of Scouting in our local area, key contacts, and an idea of what you will be doing and what resources and support you should receive.

Stirling and Trossachs aims to offer challenge and adventure to all its members. We believe in helping our young people fulfil their potential by working in teams, learning by doing and thinking for themselves. We're working to make Scouting available to all and we're passionate about what we do.

Through the adventure of Scouting young people get to take risks in a safe environment and have their first taste of responsibility. We give young people experiences they'll never forget. The sort of adventure we offer is the chance to experience something different and the opportunity for young people to discover their potential. Whether it's a Beaver Scout waking up the morning after their first sleepover, or a Scout Network member completing an international expedition – that's adventure.

All this is made possible by the efforts of our dedicated team of hard working voluntary adults. Our training scheme and one-to-one support ensures that each of our volunteers gets to make the best use of their skills and talents.

Our adults have a responsibility to make the Programme they deliver to young people fun and exciting. They also make sure that it is safe. The Scout Association's policies, rules, code of behaviour and advice on child protection and safety are there to ensure our young people stay safe while they enjoy themselves and learn.

Thanks once again, and welcome aboard!

Jo Cookson

District Commissioner

0788 938 7684 DC@stirlingandtrossachsscouts.org.uk

Young people in the District

The District covers the same geographical area as Stirling District Council. The 2022 census showed that there were nearly 1200 young people and just over 350 adults in the District and we are continuing to grow. The District is one of 4 in Forth Region.

Young people in the District are members of Squirrel Scout Dreys, (aged 4-6 years) Beaver Scout Colonies (aged 6-8 years), Cub Scout Packs (aged 8-10 ½ years), Scout Troops (aged 10 ½-14 years), Explorer Scout Units (aged 14-18 years) and the Scout Network (aged 18-25 years).

Scout Groups

Squirrel Dreys, Beaver Scout Colonies, Cub Scout Packs and Scout Troops are organised into Scout Groups, of which there are thirteen currently active in the District. Explorer Scout Young Leaders may work in these Groups. The Groups are based in Stirling city, Bridge of Allan, Doune, Dunblane, Callander. Killin, Kippen, Balfron, Killearn, Drymen and Strathblane.

Explorer Scout Units

Explorer Scouting is organised at District level, and is managed by the District Explorer Scout Commissioners:

District Explorer Scout Commissioner - currently vacant

DESC phone number tbc

DESC email tbc

There are over 120 Explorer Scouts in the District, who attend one of 5 Explorer Scout Units or Young Leader Units:

Milvus Dunblane Scout Hall

Wallace Beechwood Scout Centre

Caisteal

Endrick

Young Leaders For more information about the **Young Leader scheme** and how YLs can help your section take a look at the document in the Resources / Policies and documents section of the District website.

Scout Network

Our Explorer Scouts move on to the Scout Network at the age of 18. At 18 they may also become Scout Active Support Members, or take on an adult appointment. All adult leaders between the ages of 18 and 25 become members of the Scout Network automatically. The contact for Scout Network is:

District Scout Network Commissioner - Athol Murray

07555390730

atholmurray@icloud.com

Contact details for all Groups, Units and the Network can be found on the District website

[Stirling and District Scouts](#)

Adults in the District

Stirling and Trossachs District is led by Jo Cookson, the District Commissioner. She has overall responsibility for everything that happens in the District and is supported by two Deputy District Commissioners. She can be contacted at 0788 938 7684 DC@stirlingandtrossachsscouts.org.uk

In order to provide Scouting for the 1200 young people in Stirling and Trossachs we also currently have 350 adult volunteers in a variety of different roles. Some adults, for example Explorer Scout Leaders, work directly with young people on a regular basis. Others, such as Assistant District Commissioners, work to either support or manage other adults. We are all helping to provide better quality Scouting for young people. Some useful groups of people within the District are listed below. You can find contact details for people within the District on the website.

District team

The District team is led by the District Commissioner and includes the District Explorer Scout Commissioners, District Scout Network Leader, Assistant District Commissioners, District Scouters, Scout Active Support Manager and other adults who hold a management or supporting role in the District. The team supports the District Commissioner in the running of the District.

District Executive Committee

The District Executive Committee is the body that is responsible for the management of the District – including fund-raising and financial administration, supervising the administration of Groups, financing Explorer Scout Units, appointing sub-Committees and presenting the annual report. They are the trustees of the District. The Executive Committee is led by the District Chair, **Stan Sanderson**.

District Appointments Advisory Committee

The Appointments Advisory Committee deals with the appointment of adults in the District. You may have a meeting with some of them as part of your application to take on a role in Scouting. They will also be able to help if you have questions about appointing a new adult, or carrying out a review.

Scout Active Support Units

Scout Active Support Units are groups of adults who support Scouting in a flexible way. They are here to provide active support to local Scouting in a variety of ways. This could include specialist provision such as activity instructors or a camp-site service team, or more general provision such as helping to run events. In addition they may be able to provide short term support for Section Meetings. Each Unit will have a service agreement that outlines how they support local Scouting.

District SAS currently vacant

SAS Water Activities **Manager Charlie Rowley** **Administrator Mark Wright.**

SAS Gang Show **Administrator** **Scott Park**

Assistant District Commissioners

Assistant District Commissioners may provide support to particular areas of Scouting within the District. For example, the Assistant District Commissioner (Cub Scouts) may provide support and encouragement to Cub Scout Leaders, visit Cub Scout Packs, organise District Cub Scout events and hold District Leaders' meetings.

ADC Scouts Lynne Russell

ADC Cubs Kevin Simpson

ADC Beavers Colin Campbell

History, Handshakes and Salutes

Scouting's history can be traced back to the time when the founder, Robert Baden-Powell was an army officer in the Boer War. He was in charge of a town, Mafeking, that was besieged by the Boers and with only a few soldiers he often used local boys to help with first aid, carrying messages and running errands.

Baden-Powell returned to England a hero and later wrote a book about training in the army called "Aids to Scouting". The ideas in the book were picked up by boys and they appeared to enjoy them. In 1907 Baden-Powell ran an experimental camp for 20 boys on Brownsea Island in Poole harbour. The boys were from a variety of backgrounds and took part in a wide range of sports, games and other activities.

In 1908 B-P published "Scouting for Boys" based on his earlier book and the success of the Brownsea Island camp. "Scouting for Boys" was published in six fortnightly parts priced 4d each. Boys all over the country formed themselves into patrols of "Boy Scouts" and Scouting had begun.

In 1929 B-P became Lord Baden-Powell. He died in 1941. By this time Scouting had grown to include other ages, Wolf Cubs starting in 1916 and in 1910 our sister organisation the Guides. Scouting has spread across the world and takes place in 2016 countries and territories. There are over 31million people involved. It is thought that only 4 countries do not have Scouts - Andorra, Cuba, Democratic People's Republic of Korea and Lao People's Democratic Republic (Laos).

Handshakes

When Baden-Powell was in Africa he saw many tribal chiefs who carried spears and shields. He noticed that it was a sign of great trust to offer your left hand when shaking hands. This was because you had to put down your shield and yet leave the other person with their spear in their hand.

The left hand handshake was adopted by Scouts and is used world-wide.

Salutes

All members of the Scout Movement use the same salute, apart from Beaver Scouts who do not have any salute at all. The salute is made with the right hand and only when standing at the alert. It is both a greeting and a sign of respect.

The Scout sign, made with the hand at shoulder level, is for Beaver Scouts, Cub Scouts, Scouts, Explorer Scouts and adults during the making and reaffirming of their Promise.

The three fingers of the salute and sign remind us of our Promise to do our duty to God and to the King and to help other people. There are alternative versions of the Promise for people from other or no religion.



A wider view

Stirling and Trossachs District is one of four Districts in **Forth Region**. The others are Falkirk, Clackmannanshire and West Lothian. There are several Scout camp-sites across the Region



Invertrossachs, on the south shore of Loch Vennachar, is the Stirling and Trossachs District camp-site. More information can be found on the District website where booking enquiries can also be made. The Booking secretary is Cath Collington.

[Invertrossachs camp-site](#)

Other local sites are [Barrwood](#), [The Craigs](#), [Auchengillan](#) and [Lochearnhead](#)

During the year a number of events and activities may be run in the District and Region. For example water activities events for Cubs, Scouts or Explorers, and Beaver fun days. The young people have a variety of opportunities outside their own Section, and of course adults get involved too!

Uniform

The adult Scout uniform is a stone coloured long or short sleeved shirt or blouse. Other optional items of uniform include the Scout belt, navy activity trousers, navy smart trousers or skirt, and more informal items such as a polo shirt, shorts and fleece.

Each Group or Explorer Scout Unit will have a different coloured scarf which its Members wear. Leaders who have completed their Wood badge training may wear the Gilwell necker. Scout Active Support members also have their own necker.

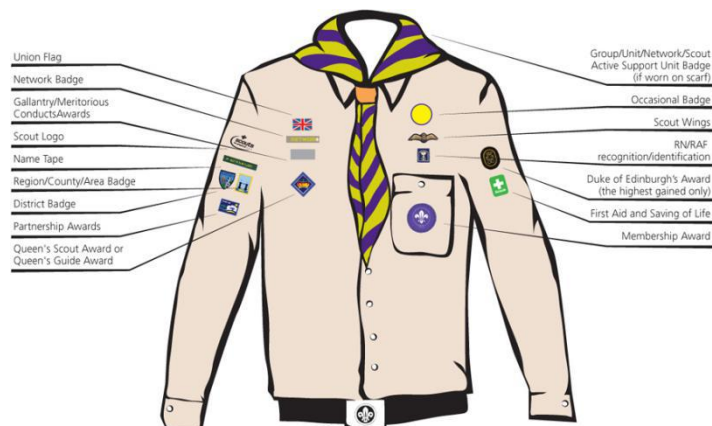
Members of Scouting who have made their Promise wear the Membership Badge. This badge is the same for all Scouts around the World.

Uniform can be purchased from the Glasgow Scout shop in Elmbank Street, [Glasgow Scout Shop](#), on line from the Scout Shop [Scout shop](#)

You can get badges for yourself and others from the Badge Secretary who can be contacted on janicelawson99@btpopenworld.com

A Membership fee is paid by every young person in Scouting. Adult members do not pay a Membership fee.

The Adult Uniform



Purpose, values, method, Law and Promise

The Purpose of Scouting

Scouting exists to actively engage and support young people in their personal development, empowering them to make a positive contribution to society.

The Values of Scouting

As Scouts we are guided by these values:

- Integrity - We act with integrity; we are honest, trustworthy and loyal.
- Respect - We have self-respect and respect for others.
- Care - We support others and take care of the world in which we live.
- Belief - We explore our faiths, beliefs and attitudes.
- Co-operation - We make a positive difference; we co-operate with others and make friends.

The Method

Scouting takes place when young people, in partnership with adults, work together based on the values of Scouting and:

- Enjoy what they are doing and have fun
- Take part in activities indoors and outdoors
- Learn by doing
- Share in spiritual reflection
- Take responsibility and make choices
- Undertake new and challenging activities
- Make and live by their Promise

The Law and Promise are what makes Scouting (and Guiding) different from any other youth organisation in the world.

The Scout Promise

On my honour I promise that I will do my best to do my duty to God and the King to help other people and to keep the Scout Law.



The Scout Law

A Scout is to be trusted

A Scout is loyal

A Scout is friendly and considerate

A Scout belongs to the world-wide family of Scouts

A Scout has courage in all difficulties

A Scout makes good use of time and is careful of possessions and property

A Scout has self-respect and respect for others.

As an adult in Scouting, it is important to show by example an acceptance of the Law and Promise in order to guide the young people into an understanding of the principles set out in the Law. Variations to the Scout Promise are available for those who are not UK citizens or who have different faiths or no faith.

[The Scout Promise](#)

[The Scout Promise in Arabic](#)

Training

As part of your role you will receive training to help you gain the skills that you will need. The Scout Association operates a flexible modular Adult Training Scheme, which covers all of the knowledge you will need and takes into account any skills and experience that you may already have. The first thing to do is to get in touch with your Training Adviser. If you do not know who your TA is, please ask your Group Scout Leader, Explorer Unit leader or contact the ADC Training. Your Training Adviser will be able to explain the training scheme and help you decide what training is appropriate for you.

The training scheme is under review and is likely to change in 2023

Volunteers are at the heart of the Scouts and we want you to get every bit as much out of it as you put in. We know that Scouting is not only about young people, but also about the development of our volunteers. To support Scout volunteers, you are required to complete a training programme made up of mandatory, role specific and ongoing learning.

Currently it starts with a group of modules called "Getting Started," As the name implies these will help you in the first few weeks and months of starting in the role. They cover important aspects of a leader's role such as Safety and Safeguarding,

Essential information <https://learning.scouts.org.uk/essential/index.html#/>

Safety <https://learning.scouts.org.uk/safety/index.html#/>

Safeguarding <https://learning.scouts.org.uk/safeguarding/index.html#/>

GDPR <https://learning.scouts.org.uk/gdpr-training/index.html#/>

A further module, **Tools for the Role (Module 3)** needs to be validated by a Training adviser
[Module 3 Tools for the role](#)

The next group of modules is role specific and to support you with these, you will meet with a Training adviser to develop a Personal Learning Plan and validate the learning you complete.

The Wood Badge

In 1919, Baden-Powell introduced a standardised system for leader training at Gilwell Park, near London. Those who completed the course were awarded a 'Wood Badge'. This wasn't a cloth badge, but a pair of wooden beads. One came from the ceremonial necklace of the Zulu chief, Dinizulu, and recipients carved their own second bead.

In 1987, four Wood Badge beads were given to Dinizulu's grandson as a symbolic act of returning the beads to their rightful heir. Today, leaders throughout the world continue the tradition of the Wood Badge and receive replica wooden beads. Leaders are also enrolled as members of the 1st Gilwell Park Scout Group, and can wear the distinctive Gilwell scarf and woggle.



Stirling and Trossachs District Scouts






You can find out more about the Adult Training Scheme at <https://www.scouts.org.uk/volunteers/learning-development-and-awards/training/learners/>

To find out more about forthcoming courses look at the [calendar](#) on the District website or on the Forth Region website <https://www.frscouts.org.uk/AboutUs/WhatsOn>

ADC Training Nick Cowie ADCAT@stirlingandtrossachsdistrictscouts.org.uk

A quick checklist

Have you received the following resources?

	<p>Yellow Card</p> <p>A small card which contains The Scout Association's Child Protection Policy. All adults working in Scouting must have a copy.</p>
	<p>Scouting and Alcohol</p> <p>The Green card sets out the policy on alcohol for all adults involved in Scouting.</p>
	<p>Safe Scouting card</p> <p>The Purple card which tells you about Safe Scouting and what to do in an Emergency.</p>
	<p>Safety checklist for leaders</p> <p>Alternative versions are available Safety checklist for Managers Safety checklists for Executive committees</p>
	<p>The Module Matrix</p> <p>An overview of the Training modules available for every role</p>

Where to go for more information

There is a wealth of information and resources available to support you in your role, here are some you may find useful!

District Web site [Stirling and Trossachs District Scouts](#)

Region Web site [Forth Region Scouts](#)

The Scout Information Centre



The Information Centre is based at the UK Headquarters at Gilwell Park and provides a single point of contact if you are seeking information or resources relating to any aspect of scouting. It is open 8am to 7pm Weekdays and 9am-12 noon on Saturdays.

Phone: 0845 300 1818

Email: info@scout.org.uk

Web <https://www.scouts.org.uk/>

Running Your Section

Running your section is a useful resource with a programme planning tool

OSM

Online Scout Manager is a youth membership and management tool which facilitates quick and easy record keeping, supports programme and event planning and financial tracking and provides a parents' portal enabling communication and the opportunity to watch their child's progress through the sections.

The District funds a discounted Gold package account for all groups and units to use and there are additional functions that can be purchased by an individual section/group. The OSM website has tutorials on it but for local support contact admin@stirlingandtrossachsdistrictscouts.org.uk
Website [Online Scout Manager](#) .

Scouts Scotland membership email

This monthly email gives general updates and information specific to your role.

Scout Shop

Scout Shop, on line at shop.scouts.org.uk sells a large range of Scouting items, including uniform, badges, casual clothing, camping equipment, souvenirs and gifts. All profits are channelled back into Scouting.

Frequently asked questions

Do I have to pay a membership fee?

A Membership fee is paid by every young person in Scouting. Adult members do not pay a Membership fee.

Will I get paid/expenses?

The Scout Association is a voluntary organisation, and you will not be paid for your role. However, no adult should feel that cost prohibits them from taking up a role in Scouting, and we are committed to reimbursing out of pocket expenses for all volunteers. You should speak to your GSL or DESC in the first instance.

Where does religion fit into Scouting?

The Scout Association is an inclusive, values-based Movement, which supports its members to engage with spirituality in an exciting and meaningful way. It is an open association made up of Members of different faiths, including those with no faith, and identifies itself with no one faith exclusively. Membership is open to all those individuals who share the Scout Association's fundamental values, and are willing to make a commitment to them, expressed by the Promise and Law.

Different versions of the Promise are available to suit different faiths or those who have no affirmed faith. For more information see [Religion in Scouting](#) and [The Promise](#)

Who is responsible for administering first aid if there is an accident?

All Leaders, Managers and Supporters in Scouting should have an up to date first aid certificate of First Response level or equivalent and are responsible for the young people in their care. On a camp or activity one person should be designated first aider. If an incident requires any consultation with or treatment by a doctor, dentist or hospital the Information Centre should be notified.

What insurance do I/the young people have?

All Members of The Scout Association have personal accident insurance and legal liability cover whilst on Scouting activities. Current details can be obtained from Unity Insurance Services on 0845 0945 702 or [Scout Insurance](#) You can also talk to the DC if you have any questions.

Can I take young people on camp straight away?

Every nights away event for young people in Scouting must be led by someone who holds a Nights Away Permit. Other leaders attending the event do not need a Nights Away Permit. Contact nightsaway@stirlingandtrossachsdistrictscouts.org.uk to find out more about this, and to find out who your Nights Away Adviser is.

COMPASS membership database

The Scout Association COMPASS database is where your personal details and training records are held. Your ability to see data is restricted depending on the role you hold. You can see your own personal details and some information about the other leaders in your section. Your Group Scout leader can see data (but not necessarily all details) for the leaders and parent helpers in the Group.

<https://compass.scouts.org.uk/login/User/Login>

To be able to access your records, you need to register using the link above. You will need to use the e-mail address which you put on your Application form. If you have any problems with registering, contact the Appointments Secretary on

DistApptsSec@@stirlingandtrossachsdistrictscouts.org.uk

10 things you may not know about Scouting

1. Scouting is for girls as well as boys.
2. Scouting is a global movement.
3. Young people can join at any stage of their development.
4. The Scout Association is a registered charity.
5. Scouting is great value!
6. Robert Baden-Powell, the Founder of Scouting was recently voted the 13th most influential person of the 20th Century.
7. Famous former Scouts include Paul McCartney, Billy Connolly, Stephen Spielberg and David Beckham.
8. Every week 420,000 young people in the UK take part in Scouting activities. (October 2022)
9. *Scouting for Boys*, Baden-Powell's blueprint for the Scout Movement is one of the most popular books of all time.
10. 11 of the 12 people who have walked on the Moon were Scouts

If there are any corrections or amendments required please contact
DistrictApptsSec@stirlingandtrossachsdistrictscouts.org.uk